

FROM CELL TO TECHNOLOGY — AN EXERCISE ONCOLOGY SYMPOSIUM



Thursday 2nd of February 2017,
from 10.00-17.15 University of Agder, Kristiansand

PROGRAM

- 09.30 – 10.00 Beverages, fruit and socializing
- 10.00 – 10.05 Welcome and general information by Sveinung Berntsen
- 10.05 – 10.30 **Pernille Højman**, Centre of Physical Activity Research, Copenhagen University Hospital «Molecular mechanisms linking exercise and cancer»
- 10.30 – 10.55 **Truls Raastad**, Norwegian School of Sport Sciences, Department of Physical Performance «Muscular adaptations to exercise in cancer patients»
- 10.55 – 11.10 Break**
- 11.10 – 11.35 **Elisabeth Edvardsen**, Norwegian School of Sport Sciences, Department of Sports Medicine «Exercise training in cancer patients prior to surgery»
- 11.35 – 12.00 **Lene Thorsen**, Oslo University Hospital, Institute for Cancer Research «Physical exercise in patients with testicular and prostate cancer»
- 12.00 – 12.25 **Line M. Oldervoll**, Norwegian University of Science and Technology, Department of Social Work and Health Science «Physical activity in palliative cancer patients»
- 12.25 – 13.30 Lunch break**
- 13.30 – 13.55 **Laurien M. Buffart**, VU-University Medical Center, Institute for health and care research «Individualizing physical activity guidelines to cancer patients, POLARIS»
- 13.55 – 14.20 **Maïke Swegers**, VU-University Medical Center, Institute for health and care research «Electrostimulation for muscle function - The METRIC-study»
- 14.20 – 14.45 **Karianne Vassbakk Brovold**, University of Agder, Department of Health and Sport Science «Increased physical activity levels during oncological treatment – feasible? »
- 14.45 – 15.05 Patient representative, **Gry Reulfesen** «Experiences of being physically active during chemotherapy – a patients' perspective»
- 15.05 – 15.30 **Hilde Lohne-Seiler** University of Agder, Department of Health and Sport Science «Physical activity vs. physical exercise in elderly – valuable experiences applicable in the aging cancer population? »
- 15.30 – 15.45 «Short bout of physical activity...»
- 15.45 – 16.00 Break**
- 16.00 – 16.25 **Karin Nordin/Ingrid Demmelmaier**, Uppsala University, Department of Public Health and Caring Sciences «Using behaviour change techniques to increase physical activity in patients with cancer»
- 16.25 – 16.50 **Charlotte Kiland**, University of Agder, Department of Public Health and Sports and Nutrition «Implementation of physical activity throughout the treatment trajectory - organizational barriers and facilitators? »
- 16.50 – 17.15 **Rune Fensli**, University of Agder, Department of Information and Communication Technology «Technological solutions to organizational barriers towards implementation of physical activity in a real-life setting»

Fee: NOK 500,-

